

**PROPOSAL FOR 'SENSITIZATION WORKSHOP FOR TEACHERS AND PARENTS ON UNDERSTANDING AND SUPPORTING CHILDREN WITH LEARNING DIFFICULTIES'****1. Introduction**

In recent years, schools across the country have observed a significant increase in the number of children struggling with learning difficulties. These challenges often go unnoticed or misunderstood, leading to academic setbacks, low self-esteem, and social-emotional issues faced by the affected children. Early identification, appropriate mediation, and timely remedial intervention can make a profound difference in their learning journey. But all this is possible only if the teachers are well equipped and the parents are ready to accept in the first place and then take an action in the right direction.

This workshop aims not only to sensitize teachers and parents about learning difficulties and their types, but also to educate them on the role and impact of *mediation and remedial strategies* in supporting them effectively.

**2. Objectives of the Workshop**

To create awareness about learning difficulties and their impact on academic performance and long term emotional and social well-being.

To explain the types of learning difficulties (e.g., dyslexia, dysgraphia, dyscalculia, ADHD-related learning issues).

To highlight the importance of early identification and timely intervention.

To introduce the concepts of mediated learning and remedial training as key approaches for supporting affected children.

To emphasise the importance of parent-teacher collaboration in creating an inclusive learning environment. Introduce the importance of memory techniques and study skill correction for students.

**3. Target Participants**

Teachers: Class teachers, subject teachers, special educators, and school counsellors.

Parents: Especially of children in primary and middle school where early signs are most evident.

**4. Key Topics to be Covered**

- Understanding Learning Difficulties
- Definition and myths around learning difficulties.
- Difference between learning difficulties and intellectual disabilities.
- Types of Learning Difficulties
- Identifying Early Signs
- Classroom indicators for teachers.
- Home-based observations for parents.
- Importance of Mediation and Remedial Training
- Role of mediated learning in building *thinking and processing skills*.
- Effective remedial strategies: multi-sensory approaches, individualized instruction, structured teaching techniques.

**Building Brains Dendrite by Dendrite**

Remedial | Spoken English | Painting | IELTS/PTE exams  
 Personality Development | Graphic Design & Multimedia

- Creating an Inclusive Classroom/Home Environment
- Strategies to support children emotionally and academically.
- Role of empathy, patience, and positive reinforcement.

**5. Methodology**

The workshop will be interactive and will include:

- Presentations with visuals and real-life case examples.
- Demonstrations of remedial techniques.
- Group Discussions & Q&A sessions to share experiences and clarify doubts.
- Resource Materials (handouts, checklists for early identification, reading references)

**6. Duration & Format**

Duration: Half-day (3–4 hours) or full-day session depending on school preference.

Format: In-person workshop (auditorium/classroom) or hybrid mode if needed.

**7. Expected Outcomes**

By the end of the workshop, participants will be able to:

Recognize early signs of learning difficulties.

Understand the need for timely assessment and remedial action.

Apply basic mediated learning techniques in classrooms and homes.

Foster a supportive and inclusive environment for all learners.

**8. Resource Requirements**

Venue: School auditorium/classroom with projector and sound system.

Participants: 30–50 teachers/parents.

Materials: Presentation equipment, handouts, writing materials.

Facilitator: Special educator experienced in learning difficulties and remedial education.

**9. Proposed Facilitator(s)**

The workshop will be conducted by a Certified Special Educator/Remedial Trainer, with experience in mediated learning, and inclusive education.

**10. Conclusion**

This workshop will help teachers and parents understand, identify, and support children with learning difficulties more effectively. By fostering awareness and practical strategies, schools can ensure that no child is left behind and every learner is given an equal opportunity to succeed.

**ABOUT MPOWERMYMIND**

A large portion of the population lives in small towns with limited access to quality education. This challenge is made worse by the lack of trained staff to support slow learners and children with specific learning difficulties, making it hard for these students to keep pace with their classmates. The problem worsens as children grow older, often forcing them to drop out of school or discontinue their education altogether.



Children often aspire to achieve greater goals in life, including studying or working abroad, but usually miss out owing to lack of proper training to clear the English language exams which are mandatory to study or work abroad as these towns lack certified English trainers and personality development coaches.

Students who aim to study or work abroad often struggle to find qualified mentors who can guide them through learning effective English, preparing for exams such as IELTS, TOEFL, and PTE, and navigating the admission and visa process.

### **WHAT WE DO, HOW WE DO**

Our **mission** is to use the power of the internet and technology to touch lives seamlessly across the entire world, because - **"In a digital world, your classroom is limitless—so is your potential."**

To reach out to the children in need for special educators, children and young adults in need of quality educators for academic English and spoken English. To reach out to women-at-home and disadvantaged groups and provide personality building and English language education. Our Public Speaking Classes not only train children to be good speakers but also prepare the young adults to face interviews or address large gatherings confidently. Keeping in mind the diverse intellectual capabilities and inclinations of children, we offer training in Painting and Calligraphy, Photography, Graphic designing, Web designing etc. to develop their cognition, enhance their skills and enjoy a sense of achievement or to develop a hobby.

Apart from these we have a story telling session every month with the intention of developing thinking skills, empathy and responsibility towards the society and the environment.

### **WHO ARE WE**

Our team brings together retired armed forces officers and experienced educators, united by a shared mission: to make quality education and personality development accessible to all. Through one-on-one online sessions, we offer personalized learning experiences that blend discipline, leadership, and academic excellence. Our programs cater to both children and adults, focusing on academic support, life skills, and confidence-building. We believe education should be affordable, inclusive, and transformative. By combining technology with mentorship, we aim to unlock individual potential and inspire lifelong growth. Every session is a step toward empowering learners to thrive in today's dynamic world.

### **ABOUT OUR CHIEF EDUCATIONAL STRATEGIST**

Sushma Dhiman, Co-founder and Chief Educational Strategist at MpowermyMind, is a seasoned education professional with over three decades of experience in academic leadership and learner development. Guided by a strong vision of inclusivity, she is committed to creating equitable opportunities for every individual—irrespective of intellectual ability—to access quality education, secure meaningful employment, and gain acceptance within society. She is leading initiatives that connect children with learning difficulties to qualified, understanding educators, transforming their challenges into opportunities for growth and confidence. Her experiences include-

- Worked in various schools across India and abroad and as a Principal of a senior Secondary school.
- Headed an Institute for Differently abled adults which focused on providing Vocational Training to them.
- Worked in Kerala Institute of Medical Sciences, Trivandrum in the Department Holistic Development.
- Trained in using tools designed by NILD (USA) for children with learning difficulties.
- Uses tools designed by Feuerstein Institute, Jerusalem, which help in improving the (Cognitive Development) Thinking, Perception, Analytical and Critical analysis abilities helping the individual to perform better.
- Uses a multi-Sensory approach using tools designed by international institutes, along with traditional Indian activities like Brain gym and Visualisation (meditation) for children.
- She also includes Rhythmic writing techniques to improve writing and handwriting.
- Uses **SEARCH** as an **Early Identification** tool (Designed by NILD, USA) to identify children at lower Kinder Garten and Upper Kinder Garten levels who could have learning Difficulties.
- Uses **TEACH** tool as an **Early Intervention** tool to bring them at par with their peer group.
- Is a story teller and uses her stories to inculcate civic sense, values and thinking skills in children through her simple stories.

**"Empower your mind, wherever you are—because learning knows no boundaries or age, and growth begins with connection."**

ONLINE ONE-ON-ONE EDUCATION

**MpowerMyMind.com**

**Building Brains Dendrite by Dendrite**

Remedial | Spoken English | Painting | IELTS/PTE exams  
Personality Development | Graphic Design & Multimedia



+91 9902250629

mmm.sushofficial@gmail.com

www.MpowerMyMind.com

ART  
WORK  
SHOP



**Surangi**  
MARKETPLACE OF MPOWERMYMIND